

Splash Wiltshire Tidworth Area Board Funding Report

Project Dates: February 2017 to February 2018





Splash Wiltshire End Of Project Report

Splash prioritise young people facing 'challenges in their lives', for example those with special educational needs or disabilities, on child protection plans, in care, at risk of anti-social behaviour or offending, victims of bullying/crime, young people with caring responsibilities, or from families facing bereavement, substance misuse, breakdown or financial hardship. We aim to raise young people's self-esteem and confidence, divert from risky and anti-social behaviour, develop an acceptance of others, reduce peer on peer bullying and empower young people to make independent, positive and safe choices about their future leisure time.

It is well evidenced nationally and locally that engaging young people in activities in their leisure time is very positive, increasing skills, reducing anti-social behaviour & improving relationships in communities. Self-esteem among young people improves, pressure is removed from families under stress and communities become more functional. Evidenced in the Audit Commission Tired of Hanging Around Agenda, Children's Plan, 13-19 strategy, family & parenting strategy.

Brief History

Splash was launched in the summer holidays of 1989 in Chippenham and was run by Police Officers. It quickly became a success with projects being introduced in other towns in Wiltshire. By 1995 it had become so successful and had grown to such an extent that it was necessary to review how it could be sustained. It was then that Splash became a charity, independent of Wiltshire Police but still supported by them; governed by a formal constitution and board of trustees. In November 2014 Splash transferred its activities to local charity Community First, this decision was made by Splash trustees to ensure the long term future of Splash. Community First is a Wiltshire based charity that works at the forefront of community development to help improve the quality of life and economic well-being of people and local communities throughout Wiltshire and Swindon. The values and aims of both charities mirrored one another and a full merger was completed in April 2016. Splash now operates as part of Youth Action Wiltshire the award winning 'Youth Arm' of Community First.

Splash has now been operating for over 27 years and has grown from a single project in Chippenham to a county wide scheme which delivers positive activities in every school holiday period. It has earned wide spread respect across the county from professionals in various fields such as social work, pastoral care, teaching, SEN support, paediatrics, police as well as from parents, guardian's carers and young people themselves. The Splash team (Staff, Volunteers & Patrons) have continuously developed and adapted Splash to meet the ever-changing needs of young people, the communities in which they live and the national and local agendas which affect us all. Developments and changes have always been guided by the knowledge that young people grow and develop best when engaged in meaningful, motivational, positive activities. Whilst we aspire to always become smarter in the way we work and the projects we run, we have not lost sight of the need to support and reach those young people most in need.

Tidworth Area Board awarded a grant of £7,777 to Splash in February 2017 to provide a 12-month programme of positive activities for young people from the area board geographical area who are facing challenges in their young lives. The programme was to include activities delivered locally and further afield in a bid to broaden horizons, raise aspirations and provide new, exciting experiences in a fun, structured and safe environment.



Splash Wiltshire End Of Project Report

Splash Tidworth Area Board Funding Outputs and Outcomes in Comparison to Targets February 2017-February 2018:

Measure	Target	Actual Achieved	Overall % Achieved Against Target
Number of positive activity days delivered	12	13	108%
Number of vulnerable young people from Tidworth Area Board area identified and engaged	32	32	100%
Number of group contact sessions provided (defined in the funding agreement as one place on one activity)	130	189	145%
Number of individuals benefiting from 1:1 support sessions	4 (10% of target cohort)	7 (22% of target cohort)	175%
Average engagement in positive activities per young person.	20 hours per young person	36 hours per young person	180%
Following our interventions			
Young people increase wellbeing and confidence	70%	91%	
Young people increase personal and social skills	70%	90%	
Parents and referral agencies report that Splash has had a positive effect on young people	70%	82%	

N.B. Statistics include 5 young people that have engaged directly with targeted young carers provision and 1 in a volunteering personal development programme as these best met their needs. Match funding was secured to facilitate the additional contact sessions.

Splash Wiltshire End Of Project Report

Splash Positive Activities Delivered for Young People from The Tidworth Area Board Area

Multi-sports (1 session)



Delivered at the TLC this indoor introduction to sports session included uni-hoc, basketball, dodgeball and benchball. For the majority of participants this was the first time they had attended a Splash activity.

High Ropes and Archery (3 sessions)

The groups were transported to Brokerswood where they took part in a variety of high ropes challenges including a zip wire, Jacobs ladder challenge and the high ropes monkey trail. The groups were encouraged to empathise, encourage and celebrate each other's personal achievements throughout each of the challenges. This activity provides the opportunity for some participants to develop their leadership skills, whilst others often take huge steps out of their comfort zones. Participants on all 3 sessions enjoyed the day and faced and overcame a fear at some point.



Mountain biking (2 sessions)



Meeting at Ludgershall Castle the groups spent the day navigating a route through the tracks and bridleways of Collingbourne Woods. A highlight for both groups was the "Bob Sleigh run" (an old cattle droving track) - This is certainly not for the faint hearted! Lots of fun, laughter and tricks learned along the way.

Roaring Ruby (2 sessions)

Delivered at Marlborough RFC these 2 sessions were a great success. Using rugby's core values Teamwork, Respect, Enjoyment, Discipline and Sportsmanship the group worked individually and as a team completing drills, games and ball control techniques and most importantly developing friendships. Many awards were given during the 2 sessions to celebrate the achievements, commitment and sportsmanship of the participants. Footage of the sessions can be viewed using the following link: <https://vimeo.com/219825213/6cc29102d2>



Splash Wiltshire End Of Project Report

Catch It Cook It Eat It (1 Session)



Transported to Brokerswood near Trowbridge, the young people made fishing rods from basic materials before learning how to fish safely and appropriately with all successful catches released back into the lake. After lunch the group then had the opportunity to gut a shop bought fish and cook it on the open BBQ. This project was designed to help improve concentration, patience and provide a sense of achievement.

Wheelchair Basketball (1 session)

Delivered in Partnership with Help 4 Heroes at Tedworth House this was a fantastic opportunity for local young people to visit Tedworth House and see the amazing facilities they use to aid the recovery of those injured serving in the forces. The team at Tedworth House put together a fantastic day incorporating wheelchair basketball and the climbing wall challenge. Both were physically difficult challenges, but very enjoyable. Definitely a session we would like to repeat in the future.



Fun Animation (1 Session)



A local artist worked with the group to create short pieces of group animation. Working in small groups the young people explored ideas and used basic materials such as Lego, paper and body shaping to make their sketches come alive. The finished pieces were filmed using stop, start filming equipment and pretty impressive pieces were created. The finished film was uploaded so that the young people could share it with friends and family <https://vimeo.com/229564715>. This activity teaches the young people to listen, discuss, share and incorporate each other's ideas and views. Uploading the finished piece gives the young people something permanent that they can access and refer to in the future.

Wet N Wild (1 Session)

Wet N Wild was an extremely popular activity. The day was full of fun challenges on the river, including kayaking, canoeing and raft building. This session really helped young people build their confidence around water and develop team skills such as communication, leadership and trust.



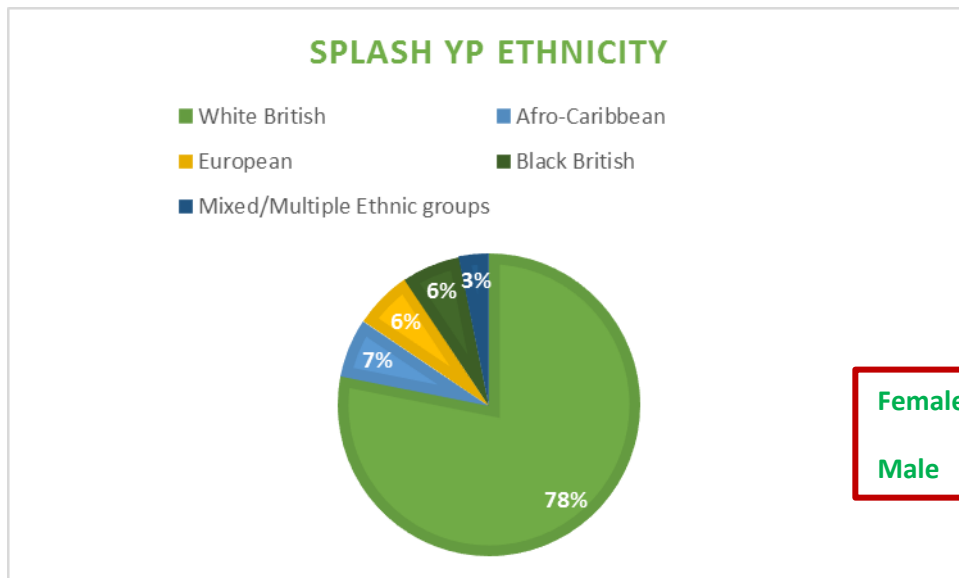
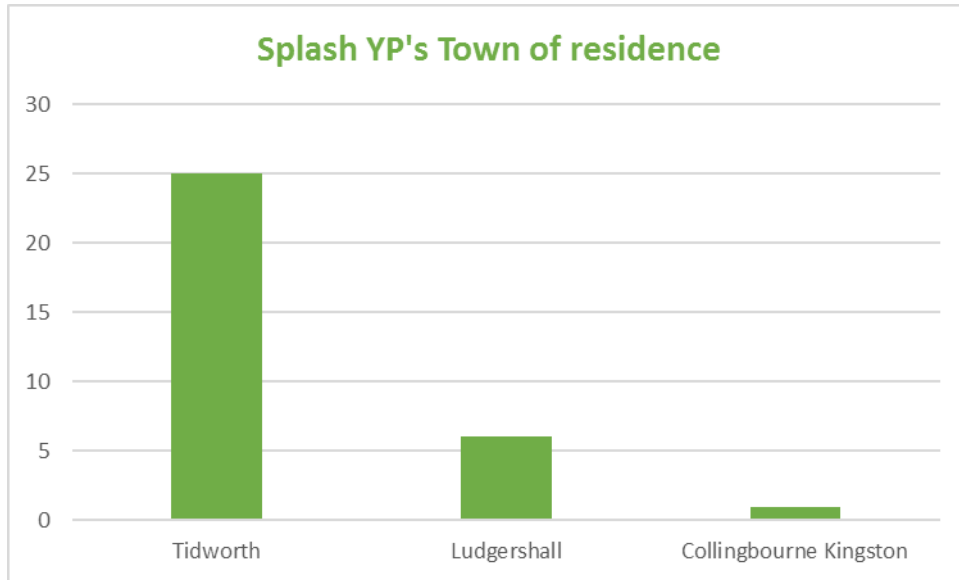
Out There with Wiltshire Wildlife Trust (WWT) (1 session)



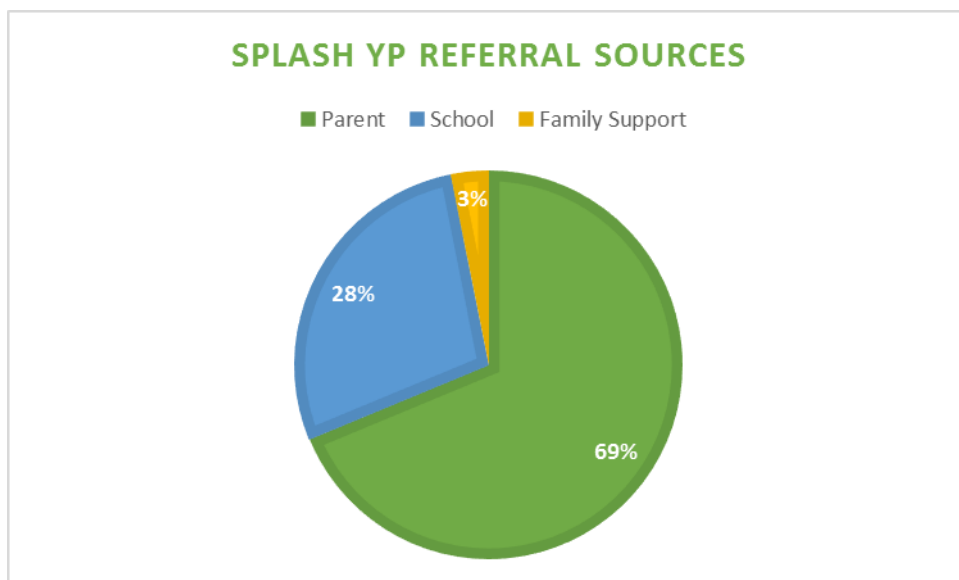
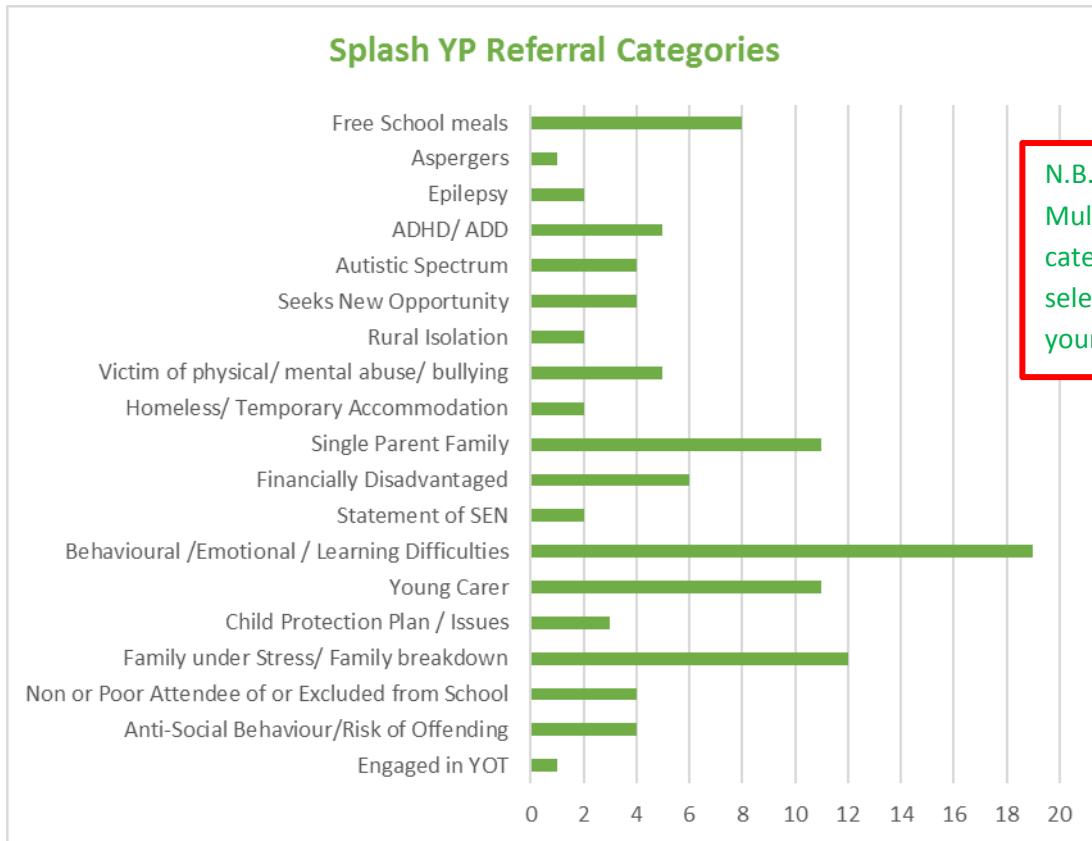
In partnership with WWT Splash delivered an Out There session at Jones Mill, a local wildlife reserve. Enjoying the great outdoors, the group built shelters and campfires, made friends and played games in the woodland. The open, tranquil space provided a stress-free environment for the young people to learn new skills including team working, personal safety, positive play and inclusion.

Splash Wiltshire End Of Project Report

Beneficiary Statistical Breakdown



Splash Wiltshire End Of Project Report



Splash Wiltshire End Of Project Report

Evaluation

We have carried out parent/guardian and referrer surveys at 6 monthly intervals throughout the project period. Data from our most recent returns showed the following increases for beneficiaries following our interventions:

Self-esteem - feeling of pride and self-worth	93%
Self-confidence - belief in themselves and their abilities	91%
Attitude & behaviour - towards you & others	82%
Knowledge - level of learning	94%
Social skills - communication & interaction with yourself & others	90%
Happiness	94%
Health	76%
Home life	80%
Attendance at school	66%
Taking part in exercise	82%
Time playing outdoors	85%

Tidworth Area Board generously funded 12 activity sessions via a grant of £7,777 specifically for young people from the Area Board area. A number of activities were delivered in the local area however the 12-month programme also included activities further afield as agreed in the delivery plan. Local minibus pick up points were provided to ensure that local young people could access the wider range of Splash activities. The benefits to providing transport included:

- Young people being able to take part in a more varied programme of activities.
- Young people and parents/carers developed a trusting relationship with Splash staff which enabled the young people to have the confidence to travel to often unfamiliar venues.
- Young people had experiences they could share with their families which they could potentially re-visit in the future as a whole family unit.

Throughout the 12-month funding period the Splash team have worked hard to develop new, robust working relationships with referral agents and partners in the Tidworth Area Board area. This has been achieved by attending local multi-agency meetings, building a productive relationship with Wellington Academy staff, visiting local doctor's surgeries and venues frequented by local residents and circulating programme information on social media and through local military communication channels. The team have also engaged with parents/carer's directly to enable ongoing engagement on Splash activities. Opportunities to gain accreditations have been available across the programme and 10 accreditations were successfully achieved by young people engaging in project activities. Accreditations gained included our bespoke Splash ASDAN award, 1st Aid, Sportsmanship and ASDAN Animal Care awards. Outside of group work sessions we have also provided individual support to enable those identified as most in need, to overcome individual barriers to engagement and progression. Individual support included a mixture of pre and post activity visits to enable young people to build lasting positive relationships with Splash staff.

Splash Wiltshire End Of Project Report

Ongoing Engagement

Going forward Splash intend to build on the achievements and impact of the work enabled by our 12 month funding agreement with Tidworth Area Board. With 32 young people already engaging from the local area, we believe there is a demand for targeted youth provision within school holiday periods. Feedback received evidences the positive impact Splash has on those that are vulnerable, disadvantaged and facing challenges in their lives. We have already been successful with a local funding bid via Tesco Bags of Life campaign. Voting in local Tesco and Tesco Express stores will commence on 1st April – The grant amount will be dependant on the number of votes cast for Splash activities with a maximum of 3 Splash days funded. In addition regular local minibus pick ups will be provided to other Splash activities and the team will continue to apply for funds to deliver further positive activities for young people in the area.

Beneficiary Case Studies:

A

Background:

A had previously struggled to cope in mainstream club settings and had been unable to join in activities with her peers. She had no opportunity to be independent from her parents outside of school and therefore her development was stagnating. Her social awareness needed developing in preparation for the transition to secondary school later this year. So far A has benefited from 1:1 individual support and has attended 2 Splash group activity sessions. Sometimes A requires a little time to process the instructions she has been given and to fully understand what is required, however Mum is overwhelmed with how well A has done since engaging with Splash. The next step for A, is for her to access Splash provided transport to and from future group sessions to further her independence and social experiences.

B

Background:

B comes from a large military family. Home life is often stressful, with the added pressure of having a sibling with special needs and a parent who is often away for long periods of time. B was missing out on opportunities other young people were able to have. Originally referred by their school B attended Splash activities during each school holiday period throughout the project. He looks forward to coming to Splash, learning new skills, meeting new people and trying new things. He credits Splash with broadening his horizons and educating him on what there is out there for young people. B will be embarking on his biggest challenge yet when he joins 9 other Youth Action Wiltshire participants on a 4 night/5 day sailing residential during the Easter holidays. Throughout this experience the group will sail, cook, clean and navigate the ship. The group have already undertaken a number of team building days and a fundraising event in preparation for their exciting Easter trip.

Splash Wiltshire End Of Project Report

Quotes and Feedback received during reporting period:

- “It was great to be with other kids who knew nothing about each other and just ‘got on’. It was a really good day and I’m so pleased I went”.
- “I had an ace time!”
- “I really enjoyed it and made some new friends. Some of the other children said how well I had done which made me feel really good”.
- “It was really good for my daughter to have activities to go to during the holidays. Money is tight, and I can’t always afford to do stuff with the children and this makes me feel really bad. With Splash the girls got to have fun and it was free. The girls came back happy and tired – the signs of a fun day out”.
- “It was so easy to refer families who would benefit from the activities. The form is straight forward, and Ben and Dawn are really easy to talk to and helpful. The parents are grateful because the children have had a fun time!”
- “My daughter kept talking about her day, what she did and about a friend she made who lives locally - She is already talking about the next time”.
- “He came back so happy after his day with Splash, he can't wait for the summer”.
- “My son had a fantastic time at the rugby and really enjoyed being coached by Ben and the others. He was a bit sad last night that the time flew by so quickly. He had such a good time he hasn't stopped talking about it! Thank you so very much”.



Unit 2, Beacon Business Centre, Hopton Park, Devizes SN10 2EY

Tel: 01380 732829 Email: info@splash-wiltshire.org.uk

Web: www.splash-wiltshire.org.uk